



# Before Everything Collapses

A Simple Guide to Finding  
Peace in a Frantic World

# Stop running for just one minute

This booklet is not here to tell you what to believe,  
but to hand you the map that the world lost amid  
its relentless noise.

A map that reconnects you directly to the Originator  
of the universe—without intermediaries,  
and without fear





## Before You Begin...

Allow me to ask you a question:

What is the one thing human beings seek most?

You might answer: happiness, wealth, success, love, or freedom.  
Yet aren't all of these merely stepping stones through which humans  
search for something far deeper?

For ultimate safety... For enduring meaning...

And for a certainty in which the heart finds resting peace when  
confronting illness, profound loss, mortality, or questions that rational  
intellect alone cannot solve.

Perhaps that is why a single question has accompanied humanity  
across generations:

Is there someone I can truly rely upon when all my strength fails?

## **This book does not demand that you believe before you think,**

nor does it ask you to suspend your intellect.

Rather, it invites you to reflect on the life of a man who fundamentally  
altered the course of human history, and then ask yourself: Where did  
he obtain such serene tranquility?

How did he remain steadfast throughout the most grueling trials?

Why did power never corrupt him, nor devastating loss break him? And  
why did he never call people to venerate himself, but called them solely  
to glorify God alone?

You might expect a leader of such monumental impact to have  
possessed vast armies, immense wealth, or geopolitical dominion.

Yet the reality was entirely different.

His own people persecuted and hunted

him—not because he claimed a crown or sought  
riches, but because he declared a single sentence:

«Worship God alone.»

And from here... our journey begins.



# Inside the Cave

# Where the Laws of Fear Crumbled





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Can a single idea terrify an entire nation?

Not because it advocates violence...

Nor because it promises worldly fortunes...

Rather, because it shakes the very foundation upon which people have structured their entire existence.

Over fourteen centuries ago, Mecca was a bustling metropolis centered around idols. Its entire religious prestige and economic power rested upon serving those carved deities worshipped by the Arabs.

In the midst of this world, a man stood without raising a sword in people's faces, but raising a simple, piercing question:

Why do you worship that which neither hears, nor sees, nor possesses the power to bring you benefit or avert harm?

He called them to one fundamental reality: that God alone is worthy of worship. This was not merely a philosophical theory. It shook an entire established order. That is why the leaders of Quraysh did not march out that night hunting a criminal, nor were they pursuing the commander of a rival military.

They went hunting for a man who aimed to emancipate humanity from worshipping everything... except God.



They knew his departure from Mecca would not be an ordinary migration, but the dawn of an era whose reverberations would cross the Arabian Peninsula and shake the globe. Therefore, in their eyes, this message had to be extinguished before its journey could begin. A heavy, silent night enveloped the rugged mountains of Mecca. The air stood still. The silent rocks concealed a narrative that would redefine human history.

Inside a tiny cave—barely accommodating two men—footsteps outside drew closer. Closer and closer, until they stood right above the cave's opening.

At that terrifying moment, his loyal companion whispered: «If one of them were only to look down at his feet, he would see us.»

It is a natural remark that any human being would utter in such a dire circumstance. The danger was imminent, the pursuers were armed, and a single downward glance separated them from capture or death.

Yet the response was not that of a man pretending to be brave, nor was it a superficial attempt to boost morale. It was the organic overflow of what had filled his heart for decades.

He said: «What do you think of two with whom Allah is their third?» Divine revelation immortalized that moment with words recited to this very day:

«...when he said to his companion: «Do not grieve;  
indeed Allah is with us.»»

[Quran 9:40]



Pause here...

Try for a moment to set aside that you are reading about a Prophet. Observe the scene as if looking at an ordinary human being.

Death is inches away... Every visible, material factor signals inevitable doom. And yet...

He does not collapse. He does not panic. He does not lose his inner composure.

Why? One might say: because he was exceptionally courageous. But raw courage alone does not generate such transcendent stillness. Another might say: because he was an optimist. But mere optimism evaporates when lethal danger stands on your doorstep.

There was something far deeper than courage, far mightier than optimism: There was Certainty (Yaqeen).

And genuine certainty is not born from physical security; it is born from intimate knowledge of the One in Whose hands ultimate security resides.

Here we arrive at the central pillar that will accompany us on every page of this book:

## Tawheed (Pure Monotheism).

Some may believe that Tawheed simply means acknowledging the existence of a Creator. But that is far from its complete reality in Islam. Many ancient civilizations believed in a Creator, yet associated partners with Him, or set up intermediaries between themselves and Him.



The Tawheed brought by Muhammad ﷺ means that God alone is the Creator, the Sovereign, the Sustainer, and the Sole Entity worthy of all devotion. It means that the human heart relies unconditionally upon Him alone,

For this reason, Muhammad ﷺ was never a man who neglected practical means. He planned his migration meticulously. He chose an unexpected route. He hired an expert desert guide. He hid in the cave. But after exhausting all humanly possible causes, he entrusted what was beyond human control to God.

Here lies the profound difference between one who relies on circumstances and one who relies on the Lord of all circumstances. The former collapses when his calculations fail; the latter remains unshakable, knowing that secondary causes do not act independently, but solely by the permission of their Creator.

Perhaps that is why a hunted man, possessing neither an empire nor an army, walked out of that tiny cave to establish a faith that led humanity out of darkness into light. The secret lay not in weaponry, nor in numbers, nor in wealth—but in a heart saturated with the profound knowledge of God.

Before turning this page, ask yourself one question: If the doctrine of Tawheed produced such unshakable tranquility in the darkest moments of Muhammad's life ﷺ... what could it achieve in the life of someone searching today for meaning, certainty, and a peace no circumstance can steal?



# The Man Who Sold the World to Find God





# The Man Who Sold the World to Find God

Some journeys begin with a single step. Other journeys...  
begin with a question.

A young man lived in Persia. Raised in an affluent home where his father loved him intensely—shielding him from the outside world—he was trained in the ancestral Zoroastrian faith, dedicated to tending the sacred fire worshipped instead of God.

From the outside, his life seemed perfectly secure and comfortable. One day, while passing by an unfamiliar place, he heard distinct voices. It was not a celebration, nor a crowded marketplace, but the voices of people in prayer.

He stood at the door. He did not know them, nor their religion, but he sensed something profoundly different. He stepped inside, observed for a long time, and left saying to himself: “By God, this is far better than the religion we follow.”

He had not yet embraced the final truth, nor did he know where this path would lead him. But he began doing what so many people dread:  
he began to question.

When his father discovered what had happened, his fear grew intense. He imprisoned his son at home and placed him in chains, assuming that physical bonds could suppress the search for truth. But chains may bind the body; they can never imprison the heart.



Salman escaped.

He abandoned his family home, wealth, and homeland.

He traveled from one scholar to another, moving from city to city, learning from every righteous mentor he met.

Whenever a teacher lay on his

deathbed, he would ask for guidance on whom to seek next...

spending decades in an arduous journey with an unknown end.

He was not seeking commerce, social status, or a new homeland.

He was searching for God.

When the last righteous monk was nearing death, he told Salman:

“The time of a Prophet has drawn near. He will be sent with the pure monotheistic religion of Abraham, migrating to a land of volcanic stones and palm trees. He accepts gifts but does not consume charity, and between his shoulders is the Seal of Prophethood.”

Salman held tightly to these descriptions. Yet his path took a tragic turn: he was betrayed, captured, and sold into slavery. He ended up in Medina as an enslaved laborer, possessing nothing of his own.

To an outside observer, his quest seemed ruined. But God was orchestrating the exact destination he had sought for decades.



One day, he overheard someone say:

“A man has arrived in Quba claiming to be a prophet.” The entire world stood still in Salman’s eyes. He rushed as fast as he could, gathered some food, and placed it before Muhammad ﷺ, saying: “This is charity.”

The Prophet ﷺ looked at his companions and said: “Eat,” while keeping his own hand away.

Salman returned the next day with more food and said:

“This is a gift.” The Prophet ﷺ ate from it and shared it with his companions.

Only one definitive sign remained. Salman walked behind him.

The Prophet ﷺ immediately recognized what Salman was searching for and lowered his garment slightly, revealing the Seal of Prophethood between his shoulders.

Overcome with emotion, Salman fell upon it, kissing it with flowing tears. The decades-long journey of searching had finally ended... he had arrived at the shore of ultimate truth.

# Pause for a moment and reflect

What drives a person to forfeit his homeland,  
abandon wealth and status, and endure  
enslavement and decades of hardship?

For what purpose?

Had he been pursuing worldly gain,  
he would have turned back at the first hurdle.

But he was seeking something money  
could never buy: he was seeking the Truth  
he was seeking Tawheed.





Here we understand the foundational banner Muhammad ﷺ raised from the very first day. He did not tell his people:  
“Become wealthy,” nor “Build an empire,” nor “Seize political power.”

Rather, he proclaimed:

“O people! Say ‘There is no deity worthy of worship except Allah’  
(La ilaha illa Allah), and you will prosper.”

His call to Tawheed was, above all, a declaration of spiritual emancipation for the human heart. For a human being cannot exist without devotion; if the heart does not direct its ultimate worship to God, it will inevitably worship something else: stone idols, wealth, mortals, desire, or fame.

Islam did not come to add another deity to human life, but to eradicate everything competing with God in the human heart.

«Say, [O Muhammad], “O mankind, indeed I am the Messenger of Allah to you all, [from Him] to whom belongs the dominion of the heavens and the earth. There is no deity except Him; He gives life and causes death.” So believe in Allah and His Messenger... that you may be guided.»

[Quran 7:158]

«And We sent not before you any messenger except that We revealed to him that, “There is no deity except Me, so worship Me.”» [Quran 21:25]



Salman left his home seeking God, and he found a Prophet who did not invite people to his own person, but guided them straight to their Lord. This was perhaps the most decisive proof of Muhammad's truthfulness ﷺ: everyone who drew close to him departed with their hearts more deeply attached to God, not to Muhammad himself.

#### A Timeless Truth:

Attaching your heart to perishable things leaves it perpetually anxious and plagued with pain. Attaching your heart to God, the One, the Supreme, allows your body to walk the earth while your soul resides in transcendent serenity.

**Why Did He  
Never Let  
People Vibrate  
Around Him?**



## Why Did He Never Let People Vibrate Around Him?

Throughout history, charismatic leaders emerge: people rally around them, and over time, the core idea recedes while the person becomes the absolute center. People begin discussing the man more than the principles he championed, and his name is praised everywhere until devotion to the leader overshadows devotion to the truth.

After years of tireless mission, Muhammad ﷺ was no longer walking alone through the alleys of Mecca. He was surrounded by devoted men and women who loved him dearly, defended him with their lives, and sacrificed their homes for his message.

It would have been effortlessly easy for such profound devotion to slip into excessive veneration or deification.

Yet the exact opposite occurred: the higher his status rose in people's hearts, the more vigorously he redirected those hearts toward God alone. One day, gathered with his companions, the Prophet issued a stern warning. He did not say: "Glorify me," nor "Exalt my name above all."

Instead, he cautioned: "Do not excessively praise me as the Christians praised the son of Mary. I am only a servant, so say:

'The servant of Allah and His Messenger.'

" [Narrated by al-Bukhari]



These are the words of a man deeply concerned for humanity, guarding against love turning into idolatry and admiration morphing into worship. He anchored them to the reality with a single phrase:

“I am only a servant.”

This was not a fleeting statement, but a consistent divine methodology. The Quran commanded him to openly proclaim:

«Say, “I am only a man like you, to whom it has been revealed that your God is one God...”»

[Quran 18:110]

Reflect on the sequence of this verse: it begins not with miracles, nor titles, nor authority, but with his shared human reality:

“I am only a man like you.” Then comes the distinct divine commission:

“to whom it has been revealed.” Followed by the ultimate purpose:

“that your God is one God.” The entirety of the message was not to attach hearts to Muhammad, but to tether them eternally to God.

The Quran even commanded him to declare something that shatters the assumptions of those who believe prophets seek personal glory:

«Say, “I hold for myself no power of benefit or harm, except what Allah has willed.”»

[Quran 7:188]



How extraordinary are these words! Every worldly leader strives to project absolute power and indispensability.

Yet Muhammad ﷺ openly announced that all benefit and harm rest solely in the hands of God.

He had no fear of appearing humble, because the greatness of his message was never built on self-exaltation, but on the exaltation of his Lord.

If human nature naturally yearns for the spotlight...

why did Muhammad ﷺ consistently turn people away from himself and toward God? If he had been seeking personal legacy, would he have repeatedly reminded his followers that he was merely a servant, and that the ultimate objective was the pure worship of God alone?

**He Did Not  
Go to Gain  
a Follower**

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ



## He Did Not Go to Gain a Follower

In life, a person's true character is not revealed when standing before applauding crowds, but in moments when no one is watching. Imagine a small city.

In one of its humble houses, a young boy lies bedridden. Sickness has exhausted his fragile body, and he does not know if he will live to see another dawn.

This young boy was not a follower of Muhammad ﷺ; he was a Jewish youth with no wealth, no political influence, and no social clout.

If he passed away, not a single city dynamic would shift. Yet something remarkable occurred:

The leader whose name now resonated across the region set aside his affairs, walked to the boy's home, and sat beside his pillow.



## Pause and ask yourself:

If you were a prominent leader commanding  
thousands, to whom would you allocate your precious time?

The influential?

The political elite?

The wealthy?

Or a sick youth whom nobody knew?

Muhammad ﷺ sat gently by the boy's head.

He did not scold him, nor did he attack him for his background.

He simply spoke a quiet, profound, and gentle word:

“Accept Islam.”



The boy looked up at his father in a poignant moment of silence.

The father, seeing the sincere compassion before them, said:

“Obey Abu al-Qasim (Muhammad).”

The youth accepted Islam. The Prophet ﷺ stood up, deeply moved, and declared:

“Praise be to Allah Who has saved him from the Fire.”

[Narrated by al-Bukhari]

Why did he go to him in the first place? What material gain was there? The boy was not a military commander, nor wealthy, nor someone who would add power to the nascent state. Why did he care so deeply?

Because in the scale of Islam, human value is never measured by status, wealth, or tribal lineage—it is measured by the soul. That soul was created to know its Creator. Muhammad ﷺ was not collecting political partisans; he was seeking the human soul. He saw every individual as worthy of being guided to their Lord, not bound to his own persona.

Had his aim been personal empire, he would have bound people to himself. Instead, the closer people came to him, the more he directed them to God. That is why the core declaration with which he began his mission remained the exact one with which he concluded his life: that God alone must be worshipped.

Faith in Islam can never be coerced. Hearts cannot be forced open like locked doors; they open only when they witness the truth and freely embrace it:

«There shall be no compulsion in religion.

The right course has become distinct from the wrong.»

[Quran 2:256]

# When He Could Not Change the Inevitable





## When He Could Not Change the Inevitable

There are moments in life where physical power, vast wealth, intellect, and worldly status become utterly useless. No matter how influential you are, a moment arrives when you stand entirely helpless, watching events unfold before your eyes without the ability to intervene.

Perhaps that is why mortality is the ultimate test of human reality: in the face of irreversible loss, all facades fall away, and only what truly resides in the heart remains.

A child lay in his father's arms. A tiny body, breaths slowing down second by second. No army on earth could halt death, no physician could grant extra hours, and no historical mission could avert this heartbreaking reality. The father looked down, holding his dying son, Ibrahim, until the child's breathing ceased.

The companions looked at Muhammad ﷺ and saw his eyes brimming with tears. Some may have wondered: Is he not the one possessing the greatest certainty? Is he not the Messenger of God? How does he weep?

Remarkably, he did not suppress his tears, nor did he put on a false display of stoicism. He never claimed that faith requires numbness to pain. Instead, he spoke words of pure balance:

"The eyes weep and the heart grieves, but we do not say anything except what pleases our Lord. And indeed, by your departure, O Ibrahim, we are deeply sorrowful."



Reflect on these profound words: he did not deny his grief, nor did he claim believers never cry. He acknowledged authentic human emotion: the eyes tear up, the heart aches. But the heart and tongue remained anchored: "We do not say anything except what pleases our Lord."

This reveals the fundamental divergence between two worldviews: one person loses something and consequently loses all meaning in life, lashing out in anger: "Why me? Why did this happen? Where is justice?"

Another weeps and aches deeply, yet never loses certainty that behind what human intellect cannot grasp lies divine wisdom known fully to God.

Tawheed does not promise that you will never experience pain; it gives you something infinitely greater: it gives pain profound meaning. A human being can endure immense hardship when knowing it is not meaningless randomness. That is why the Quran teaches the believer to declare at the very first moment of shock:

«Who, when disaster strikes them, say, "Indeed we belong to Allah, and indeed to Him we will return."» [Quran 2:156]

These are not mere ritualistic words of condolence; they are a transformative worldview:

I do not own myself, nor do I own those I love. We all belong to the One Who created us, and to Him is our ultimate return.

Here lies the great secret of the sublime peace Muhammad ﷺ embodied.



He loved deeply, cried at loss, and experienced sorrow like every human being. Yet he never allowed his heart to attach to anything more than its attachment to God. His sons died in infancy, his beloved wife passed away, his closest companions were martyred, yet he remained the most smiling of men, the broadest in compassion, and the softest in heart. Every single human being will one day face a circumstance they cannot alter:

- illness
- bereavement
- separation,
- death.

In that defining hour, the question will not be: How powerful were you? Rather, the question will be: To Whom did your heart turn when all secondary causes failed?

«...and perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not.»  
[Quran 2:216]

It is sufficient comfort for a human being to know that the One Who loves them more than their own mother and father is the One overseeing their destiny.

If life cannot promise that it will never break your heart...  
what can give you the resilience to keep walking forward?  
Perhaps the answer is not that tragedies will vanish, but knowing Who is with you when they arrive.



## **You are not truly living.**

you are merely running to survive!

Amid the deception of digital screens and the pressure of a materialistic system draining your soul, there is an inner hunger for ultimate safety that worldly luxury can never satisfy.

This booklet is your «Exit from the Matrix.»

It is not preaching;

it is the code of absolute liberation.

A brief journey through the life of a man who confronted loss, persecution, and wars with an awe-inspiring spiritual tranquility that no superpower could ever possess simply because he severed all intermediaries and connected directly to the Source.

The truth does not need endless time to be understood;  
it only takes the courage to discover it.

Leave the chaos of the world behind...  
open these pages, and breathe.



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